

ACO: Be in the Know

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Participating Practices - WMPN, LLC

Allaway & Parousis Urology, MD, PA
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Management Associates, PC
Janjua Neurology, MD, PA
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Mountain View Primary Care
Huma Shakil, MD, PA
Wonsock Shin, MD, LLC
Western Maryland Health System
Terry E. Williams, MD, LLC
Qamar Zaman, MD

Welcome to the sixth edition of the Western Maryland Physician Network provider news-
letter, "ACO: Be in the Know" - a monthly publication that will provide important updates,
reminders and key information to keep our practices up to date.

ACO Management:

CMS has provided all ACOs with their un-embargoed PY2015 reports that show performance
results as well as Shared Savings status. WMPN has posted our results online as of October 7,
2016. The WMPN web page can be found by going to www.wmhs.com, clicking on "About Us"
and then clicking "Western Maryland Physician Network (ACO)" in the middle of the page.

GPRO Reporting: We have already started planning for the PY2016 GPRO reporting
starting in January 2017. There will be 5 mandatory training sessions for all GPRO extractors
held at WMHS during the months of October to December 2016. Each participating provider
office is being contacted to review the clinical measures and EMR accessibility before GPRO
starts. Now that we have almost 2 years of the ACO behind us, we have a better understand-
ing of what CMS is expecting and needing. Debbie Mullaney (240-964-8267) and Karen Ullery
(240-964-8265) will be co-leaders for the GPRO process again this year. Please contact one of
them for any issues or questions.

Choosing Wisely:



An initiative of the ABLM Foundation

Don't obtain preoperative chest radiography in
the absence of a clinical suspicion for intrathoracic
pathology.

- American College of Physicians



Dr. Steve Smith
Medical Director

ACO Practice Spotlight: WMHS Sleep Clinic

We are pleased to announce that WMHS now offers a Sleep Disorders Clinic to provide compre-
hensive evaluation and management for your patients with suspected or documented obstructive sleep
apnea as well as other sleep related medical issues. An initial comprehensive sleep evaluation will
be performed with the goal of expediting polysomnography and providing the best possible treat-
ment recommendations and follow-up. We offer both laboratory polysomnography and home port-
able polysomnography with a state-of-the-art system for suitable patients. Treatment options will
be reviewed and continuous positive airway pressure prescriber for appropriate patients.

The clinic staff includes two physicians with sleep disorders training who can assess patients for
obstructive sleep apnea as well as the full range of sleep disorders. The clinic is also staffed with a
nurse practitioner and two polysomnography technologists who have years of experience fitting
patients for CPAP and troubleshooting problems. They will be able to work collaboratively and co-
ordinate care with the suppliers in our area. The success of CPAP as a treatment modality is de-
pendent on the patient's initial experience adapting to the device, and the clinic staff will provide
frequent follow-up by phone as well as in the office to promptly deal with any issues which arise.



Dr. Mark Sagin

The clinic will be under the supervision of Mark Sagin, MD and Ailia Ali, MD. Dr. Sagin
is certified by the American Board of Internal Medicine in Sleep Medicine, and has
more than 20 years of experience evaluating and treating patients with sleep disor-
ders. Dr. Ali is a pulmonologist who recently completed a fellowship in Sleep Medi-
cine at the University of Pittsburgh. Shannon Sprenkle, CRNP, is our nurse practitioner
who is also a certified respiratory therapist experienced in troubleshooting problems
with continuous positive airway pressure and facilitating compliance.

Clinic appointments will be made through the Allegany Pulmonary Associates office located in the
Medical Arts building on the Western Maryland Health System campus by calling 240-964-8750.

**NOTICE: **Outpatient Community Health Workers are moving from Homecare to their
new home in Community Care Coordination on the 2nd floor in the WOC at WHMS.
Their number is 240-964-9213. The fax is 240-964-8550.****

ACO Practice Spotlight: WMHS Cardiology

Starting in early November 2016, echocardiograms will be performed at the WMHS Cardiology Practice in MAC Suite 420. If an echocardiogram is needed, patients being treated by WMHS Cardiologists can receive their echocardiogram on the same day they are scheduled to be seen by the cardiologists. Appointments are recommended as authorizations for commercial insurances will need to be obtained for an echocardiogram. To refer a patient to WMHS Cardiology, call 240-964-8740.

Care Coordination: The ACO Community Care Coordination team focuses on the most complex, high utilizer Medicare patient population. Support and education is provided by the RN Care Coordinators and MSW through telephonic, and if appropriate, home or office visit to the Medicare beneficiaries in this program. Care plans are developed which focus on the patient's clinical as well as psychosocial needs and providers are updated as appropriate. Any WMPN Provider can refer a patient to Community Care Coordination by contacting the office at 240-964-8547.

Reports & dashboards

PY2016 is coming to a close now that we are in the last quarter of the year. We only have 3 months left to effect any positive changes to the clinical measures before GPRO reporting starts again in January 2017. As reported in previous newsletter issues, numerous reports have been sent to participating providers detailing high utilizer patients, ACO measure compliance, patient satisfaction survey results (WMHS employed providers only) and other information. All of these reports can be scrutinized on a deeper level to get to the individual patient level. Any questions on reports can be directed to Debbie Mullaney 240-964-8267.

Quality Performance/Clinical Measures

Each month we will focus on a few of the clinical measures and items for quality performance for the ACO. These measures and guidelines are what every ACO must document for assessment of compliance with the ACO directives. This month's focus will be on three Clinical Measures: **ACO-14 PREV-7: Preventive Care and Screening: Influenza Immunization: ACO-15 PREV-8: Pneumonia Vaccination Status for Older Adults: and ACO-17 PREV-10: Preventive Care and Screening: Tobacco Use: Screening and Cessation.**

ACO-14 PREV-7: Preventive Care and Screening: Influenza Immunization: This is a performance based clinical measure for reporting for PY2016. This measure is based on the percentage of patients aged 6 months and older seen for a visit between October 1 and March 31 who received an influenza immunization OR who reported previous receipt of an influenza immunization. Exceptions are listed as documentation of medical reasons for not receiving influenza immunization (e.g., patient allergy, other medical reasons) or documentation of patient reasons for not receiving influenza immunization (e.g., Patient declined, other patient reasons) or documentation of system reasons for not receiving influenza immunization (e.g., vaccine not available, other system reasons). The definition of Previous Receipt is receipt of the current season's influenza immunization from another provider OR from same provider prior to the visit which the measure is applied (typically, prior vaccination would include influenza vaccine given since August 1st.) To enable reporting of this measure at the close of the reporting period, this measure will only assess the influenza season that ends in March of the reporting period. The subsequent influenza season (ending March of the following year) will be measured and reported in the following year.

ACO-15 PREV-8: Pneumonia Vaccination Status for Older Adults: This is another performance based clinical measure for 2016. This measure is based on the percentage of patients 65 years of age and older who have received the pneumococcal vaccination in the performance year versus ever received a pneumococcal vaccine. There are no exclusions or exceptions.

ACO-17 PREV-10: Preventive Care and Screening: Tobacco Use: Screening and Cessation Intervention: This is the last performance based clinical measure for PY2016. This measure is based on the percentage of patients aged 18 years and older who were screened for tobacco use one or more times within 24 months AND who received cessation counseling intervention if identified as a tobacco user. Initial population is defined as all patients aged 18 years and older seen for at least 2 visits or at least one preventive visit during the measurement period. Exceptions include documentation of medical reasons for not screening for tobacco use (e.g., limited life expectancy, other medical reasons). Tobacco use includes any type of tobacco. Tobacco Cessation Intervention includes brief counseling (3 minutes or less), and/or pharmacotherapy. If a patient uses any type of tobacco (i.e., smokes or uses smokeless tobacco), the expectation is that they should receive tobacco cessation intervention: either counseling and/or pharmacotherapy. If tobacco use status of a patient is unknown, the patient does not meet the screening component required to be counted in the numerator and should be considered a measure failure. Instances where tobacco use status of "unknown" is recorded include: 1) the patient was not screened; or 2) the patient was screened and the patient (or caregiver) was unable to provide a definitive answer. If the patient does not meet the screening component of the numerator but has an allowable medical exception, then the patient should be removed from the denominator of the measure and reported as a valid exception. Exceptions only apply to the screening data element of the measure; once a patient has been screened, there are no allowable exceptions for not providing the intervention.



WESTERN MARYLAND HEALTH SYSTEM

Provider Updates

Caring for What Matters Most | October 2016

New Providers!



Vamshidhar Vootla, MD
Gastroenterologist
WMHS Gastroenterology Associates

Western Maryland
Medical Arts Center
12502 Willowbrook Road, Suite 640
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240-964-8717



Gratiela Zbarcea, MD
Psychiatrist
WMHS Behavioral Health

Western Maryland
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12502 Willowbrook Road, Suite 380
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240-964-8585



Cara Carpin, NP
Primary Care
Transitional Care Clinic

Western Maryland
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12502 Willowbrook Road, Suite 330
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240-964-8945