

**REMINDER: ALL MEDICATION ORDERS REQUIRE DOSE, ROUTE, FREQUENCY AND INDICATION
DO NOT USE ABBREVIATIONS**

DOCTORS ORDERS ROUTINE CIRU BOWEL PROGRAM		CHECK OFF/ INITIALS			
1. High fiber diet, if not contraindicated.					
2. Senna (Senokot®) 2 tabs by mouth at 2100 hours.					
3. Assist to bathroom 30 minutes after _____ (clients normal meal routine).					
4. Begin program with small Soap Suds enema (300 - 500mL) if needed.					
5. Day 1: Bisacodyl (Dulcolax®) suppository – give per rectum approximately 30 minutes after supper. If no results, wait until the next day, but document effects on bowel MAR.					
Day 2: Bisacodyl (Dulcolax®) suppository – give per rectum approximately 30 minutes after supper. If no results continue program to next day and document effect on bowel MAR .					
Day 3: Bisacodyl (Dulcolax®) suppository per rectum - 30 minutes after supper. If no results in 30 minutes after insertion of suppository, give a FLEET ENEMA.. * Document effects on bowel MAR.					
Day 4: Bisacodyl (Dulcolax®) suppository – give per rectum approximately 30 minutes after supper. If no good results, wait until the next day, but document on bowel MAR.					
Day 5: Glycerin suppository – give per rectum approximately 30 minutes after supper. If no good results, wait until the next day, but document on bowel MAR.					
Day 6: Glycerin suppository –give per rectum approximately 30 minutes after supper. If no good results in 30 minutes after insertion of suppository, give a FLEET ENEMA. *Document effects on bowel MAR					
Day 7: Glycerin suppository - give per rectum approximately 30 minutes after supper. If no results, repeat cycle starting with Bisacodyl (Dulcolax®) suppository per rectum and document on bowel MAR.					
<i>Caveat: If a strong, consistent pattern of defecation becomes apparent (good BM shortly after suppository), switch to glycerin suppositories. If this pattern occurs after several days of glycerin suppositories, discontinue all suppositories to determine if client will have spontaneous bowel movements without external stimulation. If not, resume glycerin suppositories.</i>					
6. Document bowel activity on bowel MAR and indicate time of BM and if BM occurred with or without suppository.					
7. Provide client/family/significant other with the individualized bowel program. Modify the program as client progresses with bowel control and communicate the modifications with client, significant other. (Use Teaching Guidelines for Bowel Program in teaching packet).					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%; padding: 5px;">Physician/Date/Time:</td> <td style="width: 33%; padding: 5px;">Nurse/Date/Time:</td> <td style="width: 33%; padding: 5px;">Secretary/Date/Time:</td> </tr> </table>			Physician/Date/Time:	Nurse/Date/Time:	Secretary/Date/Time:
Physician/Date/Time:	Nurse/Date/Time:	Secretary/Date/Time:			

Full page of orders requires only one physician, one nurse and one clerical signature



Original to Patient's Chart

Fax to Pharmacy