

wmhs *connection*

DECEMBER 2010

for employees & friends of the western maryland health system

WMHS Vets Honored During Veterans Day Gathering



On November 11, the health system held an informal gathering for all veterans and current members of the armed forces in the WMHS dining room. The event gave veterans employed at WMHS a chance to share their military experiences and was a way to recognize those who have sacrificed themselves for our freedom. WMHS employee veterans in attendance were (seated, from left) Mickey Livingston, Facilities, Army; Joe Snyder, Materials Management, Army; Mark Sullivan, Human Resources, Army; Kate Payne, Dialysis, Navy; Sarah Beck, Pharmacy, Air Force; Debbie Clise, CRNA, Army. Standing: Billy Austin, Facilities (FRNC), Marines; Jim Ward, Wound Care, Air Force; Jeff Bennett, Dialysis, Navy; Louie Brant, Home Medical, Army; John Murphy, Valet, Army; Donnie Petenbrink, Home Medical, Army; Mickey McGuire, EVS, Army; John Wilson, Dietary, Army; Jeff O'Neal, Behavioral Health, Army; Kevin Turley, Administration, Army; Ron Platter,

Facilities, Army; Troy Hartman, Biomedical Engineering, Navy; Chuck Barrick, Trauma/ED, Navy; David Cruz, Dietary, Navy. WMHS is fortunate to have many veterans as part of our workforce. Many physicians, employees and volunteers have served our country with honor. We thank all of you for your service and extend our sincere appreciation.

Cyclists with Diabetes Share Their Story at Diabetes Awareness Event



In recognition of Diabetes Awareness Month, the WMHS Diabetes Self-Management team hosted a program featuring two individuals who are living with diabetes and participating in competitive bicycling events across the country. Adam Driscoll (Team 1 cyclist) and Saul Zuckman (Team 2 cyclist) told their personal stories about their mission to inspire those with diabetes to exercise, eat right, and take care of themselves. Pictured are (from left) are Brenda Ridgway (clinical nutrition manager), Driscoll, Chantelle Eyer (Sanofi-Aventis rep), Jennifer Hoover (dietitian and coordinator of the Diabetes Self-Management Training program), Shannon Eadry (Sanofi-Aventis rep), Abby Brakeall (exercise physiologist), Zuckman and Lori Johnson (nurse educator). Kirk Jones and Julie Caler (Pharmacists) were not available for the photo.

The awareness event is part of the new "Living Well with Diabetes" program, a fun and interactive initiative for diabetes self-management. The program provides practical information and tools for participants to use daily to make managing diabetes easier. Living Well with Diabetes is held the third Wednesday of the month in the auditorium. For more information, please call the WMHS dietitians at 2355.

Values in Action Award Recipient for November



Richard Baer

An employee since 2006, Richard was selected as the Western Maryland Health System's Values in Action Award recipient for the month of November. He works as a certified nursing assistant (CNA) in the Comprehensive Inpatient Rehab Unit, or CIRU. Prior to joining WMHS, Richard worked as a CNA at a local nursing home for 36 years.

Richard is an exceptional employee with a talent for handling patients and a wealth of care-giving knowledge. He

works hard to make his patients feel more confident in their surroundings when they start moving through the rehab process. Richard cares for patients who have recently had knee or hip replacements, back surgeries or heart procedures.

"I treat patients the way I would like to be treated," says Richard. "I enjoy making every day special by helping to cheer-up patients and bring them a touch of home." He follows through by decorating the patient's dining room for the season and helps find the right music to fit the occasion.

Richard often goes the extra mile to get a warm blanket, tidy-up a bed or lend a listening ear to a patient in need. He is a great communicator who rounds regularly without asking. Richard proactively identifies ways to enhance safety and provides superior service to patients and staff.

According to his supervisor, CIRU receives many positive comments about his work and he serves as a great role model for newer employees. Richard says his co-workers are like family - they do almost everything together. Co-workers describe him as supportive, personable, compassionate and reassuring. In fact, they say Richard has a very big heart and he shows his genuine concern through helping others.

Richard lives in Cumberland and enjoys working with flowers and gardening, as well as cooking and canning, which was passed down from his mom and grandmother. He also spends time helping elderly friends in his neighborhood and making sure everything is all right.

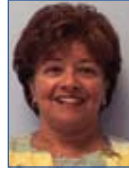
Congratulations, Richard!

Retirements

The following Western Maryland Health System employees recently retired after many years of distinguished service:



Richard Ketterman, Environmental Services, retired from the health system after eight years of service. Richard began his employment in 2002 as a housekeeping aide at Memorial and three years later, he was promoted to a lead housekeeper position. He was an outstanding employee with a positive attitude and caring nature. Richard did a great job as a night shift leader and adapted very well to change, especially when his department was short staffed. Co-workers described him as dependable, kind, personable, detail-oriented and conscientious. Richard always treated others with the utmost respect and courtesy. He set a very good example for newer employees and was a role model for service excellence.



Brenda Miller, Physical Therapy, retired after 37 years of dedicated service to the health system. She started out in 1973 as a clerk in the Purchasing Department at Memorial. Brenda worked as a unit secretary before transferring to a clerk position in the Business Office later that same year. In 1985, she was promoted to chief collection clerk and then supervisor of collections in 1989. In 1990, Brenda transferred to Physical Therapy as a secretary and later added wound care technician to her list of skills. Brenda was an excellent employee and presented herself in a professional manner to patients and visitors. Brenda adjusted her work schedule to meet the needs of her department and always pitched in to lend a helping hand.



Connie Yutzy, 7 North, retired from the health system after 46 years of exemplary service. She began her career in 1964 as an LPN at Sacred Heart and worked on a variety of nursing units before being assigned to 3 South, where she was a fixture on the overnight shift for many years. Last year, Connie made a seamless transition to the 7 North nursing unit at the new regional medical center. She was an exceptional care-giver and often went above and beyond the call of duty for her patients and their families. Connie took a great deal of pride in her work and was described as considerate, efficient, gentle and very organized. She was a knowledgeable resource for the nursing team and a tireless advocate for her patients and their families.

Congratulations and good luck to these dedicated employees for their commitment to the success of WMHS. They will be greatly missed by their many friends and co-workers.

Physician News



Dr. Kathleen May Earns National Recognition

Kathleen R. May, M.D., FAAAAI, was recently awarded the 2010 Distinguished Fellow Award of the American College of Allergy, Asthma, and Immunology (ACAAI) during the convocation ceremony in Phoenix, Arizona, in November. The award honors an allergist who has made a significant contribution to the field of allergy, asthma and immunology. Nominated by her peers, Dr. May was one of two allergists selected to receive this esteemed award this year, among the 5,000 members of the organization. She is only the 9th woman to receive this award in the history of the organization. Dr. May has practice allergy and clinical immunology at Allegany Allergy and Asthma in Cumberland with Dr. Jeremy Drelich since 1995.



Dr. Manohar Chenchugalla - New Hospital Medicine Physician

Manohar K. Chenchugalla, M.D., recently joined the WMHS medical staff and as a physician in the Hospital Medicine program. Prior to coming to Cumberland, Dr. Chenchugalla was employed as a Hospitalist and chief of the Department of Medicine at Tazewell Community Hospital, a Carilion Clinic facility in Roanoke, Virginia.

He spent three years as a resident physician in family medicine at the Eastern Maine Medical Center. Dr. Chenchugalla completed his internship in internal medicine at Prince Georges Hospital Center and worked in a variety of health care settings both here and in his native country of India. He received his medical degree from the Medical Council of India's Siddhartha Medical College.



Dr. Heather Lazusky - New Pediatrician Joins Children's Medical

Heather M. Lazusky, M.D., recently joined the WMHS medical staff and the Children's Medical Group (CMG) practice. Most recently, Dr. Lazusky completed her pediatric internship and residency training at the Penn State Hershey Children's Hospital in Hershey, Pennsylvania. She received her medical degree from the University of Maryland School of Medicine and did her undergraduate work at Haverford College near Philadelphia. Dr. Lazusky is a member of the American Academy of Pediatrics.

welcome new employees

FULL-TIME:



Nadeem Aslam
Staff Pharmacist
Pharmacy



Bethany Bosley
Certified Occupational
Therapist
Occupational
Therapy/Acute



Brittnee Henry
Secretary
Rehabilitation



Tonya Matthis
Echsonographer
Cardiology



Jessica Minnick
Housekeeping Aide
Housekeeping



Charles Shelquist
Staff Chaplain
Pastoral Care

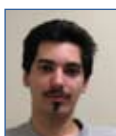


Janice Whitney
Unit Secretary
5 West



Dallas Borrer
Registrar
Registration

PART-TIME:



Justin Brennen
Cashier
Dietary



Jeffrey Brotemarkle
Security Officer
Security



Mary Eger
Nurse Clinician
Anesthesia



Dessiree Fennell
Phlebotomist
Laboratory



Sabrina Hall
Certified Generic
Nursing Assistant
Frostburg Nursing &
Rehabilitation Center



Michele Haller
Nurse Clinician
Pain Center



Harold Legg, Jr.
Echsonographer
Cardiology



Colby Lutz
Computer Operator
Information
Technology



Shirley McCurry
Sonographer
Radiology-Ultrasound



Coreen Nembhard
Diet Clerk
Dietary



Aimee Powell
Cardiac Tech
Cardiology



Tiffani Pyles
Delivery Room Tech
Labor & Delivery



Jason Reed
Housekeeping Aide
Housekeeping



Era Scarlett
Guest Services
Representative
Volunteers



Holly Snyder
Respiratory Therapist
Respiratory Therapy



Cynthia Winner
Food Service Worker
Dietary



Justin Wolfe
Guest Services
Representative
Volunteers

RELIEF:



Kimberly Barb
Secretary
Pain Center



Cynthia Boyer
Secretary
Behavioral Health



Sherilyn Christ
Nurse Clinician
Labor & Delivery



Elizabeth Engle
Food Service Worker
Frostburg Nursing &
Rehabilitation Center



Andrew Riggs
Groundskeeper
Facilities



Janelle Shipley
Floor Hostess
Dietary



Employees' Caring Fund Approves Over \$80,000 in Donations

At its annual meeting in November, the WMHS Employees' Caring Fund officers and employee representatives (delegates and alternates) assembled to approve the list of contributions for 2011, which totals \$80,800.

Most of the current contributions were continued at the same level and several donations were increased. They included the Western Maryland Food Bank, Frankfort District Food Pantry, County United Way, Cumberland Tri-State Autism, and the WMHS Employees' Caring Fund Christmas Family Program. The lone new recipient of funding was the Allegany County Habitat for Humanity.

In 2010, the Caring Fund helped out 25 employees through the Special Assistance Fund, including employees who lost almost everything in house fires, as well as emergency assistance for hospital and pharmacy bills, food, shelter, utilities and other pressing needs.

With more Caring Fund members, we can help more community organizations that are doing compassionate work to help those in need. We can also be ready to help our own employees when an emergency situation arises. Please consider joining your fellow co-workers who are already members.

For more information on becoming a member of the Caring Fund, pick up a brochure at Human Resources, call Cathi Loibel at **240-964-8152**, or visit the **WMHS web site at www.wmhs.com/employees/caring_fund**.

2011 Caring Fund Contribution List

American Cancer Society (WMHS Relay for Life Teams)	3,000
Robin's Walkers (American Cancer Society Relay for Life Team)	1,000
Crop Walk (WMHS Team)	2,500
March for Babies (WMHS Walk America Team)	3,000
Allegany County Habitat for Humanity	1,000
Allegany County League for Crippled Children	3,000
Allegany County Special Olympics	1,500
Alzheimer's Association (FNRC)	1,000
American Lung Association	1,000
American Red Cross	3,000
Big Brothers Big Sister	1,000
Camp Bright Star	1,000
Cold Weather Homelessness Shelter	2,000
County United Way	25,000
Cumberland Tri-State Autism (Walk)	1,500
First Way Pregnancy Support Group	1,800
Frankfort District Food Pantry	2,000
Jaycees Christmas Shopping Tour	500
Jefferson School @ Finan	1,000
Maryland Juvenile Services - Christmas	1,500
Multiple Sclerosis Society (MS Walk)	1,000
Ronald McDonald House - Morgantown	1,000
St. Vincent dePaul Society	1,000
Union Rescue Mission	2,000
United Cerebral Palsy	1,000
Western Maryland Food Bank	5,000
WMHS Employees' Caring Fund Christmas Family Program	10,000
WMHS Meals-on-Wheels	2,000
Total	\$80,800



Caring Fund Supports 2010 CROP Walk

WMHS Employees' Caring Fund Vice President Samantha Jones (right) from Social Work presents a check for \$2,500 to CROP Walk representative Rev. Bill Bice (center) and Sandy Cowan (left), coordinator of the Cumberland CROP Walk, which was held in October. Walks were also held in Lonaconing (Georges Creek), Westernport (Tri-towns) and Frostburg. In addition to this donation from the Caring Fund, many employees represented the health system by participating in one of the walks. The CROP Walk proceeds are used to support local food banks and help fight world hunger.

